

Essential Nutrition Action



The Hunger Project- Bangladesh has initiated a nation-wide voluntary campaign on Essential Nutrition Action (ENA), to increase community participation and awareness to ensure safe maternal and neonatal health.

ENA framework promotes a ' Nutrition through a life cycle ' approach , addressing women's nutrition during pregnancy and lactation, optimal breast feeding and complementary feeding, nutritional care of sick and malnourishment of children (including scarcity of zinc, vitamin A etc.) and the control of anemia, vitamin A and iodine deficiencies.

As an important step, a courtyard meeting has been arranged on 15-16 June, 2013 at Shakharia of Hemnagar UP at Gopalpur, Tangail. The meeting was arranged by women leader Anju Anowara Moyna and Sathi Khanome, with total 20 participants, including 12 pregnant mothers and 8 lactating mothers. The participants highly appreciated The Hunger Project to arrange such a resourceful event for the rural women. The event was a part of the series of 9 ward-level meetings to be held at the mentioned UP constituency, by 15 July 2013. For the convenience of conducting these meetings, 18 selected women leaders have been trained on ENA in a 2-days long training, from 13 to 14 June, 2013.

Earlier, another meeting held on 4 June, 2013 at Uttarampur School yard at Dibar UP of Patnitala, Naogaon. 15 pregnant women and 7 lactating mothers were present, along with 3 husbands, 1 father-in-law and 1 grand father-in-law. The meeting was arranged by Rahmat Ali, an enthusiast UP member, along with THP-B UP coordinator Harun-or-Rashid. To ensure the presence of the participants, the UP member sent invitation to each of the households and announced about the meeting using the mike of the mosque. The participants were happy to be present in such an event and addressed this venture of The Hunger Project as a prolific step towards social development.

